

How Can I Develop Discipline in My Life?

Over the years I have accumulated various articles. Here is one of my favorites concerning personal organization and discipline. I pray that it helps you too.

1. **Start small.** Start with your room. Clean it, and then keep it clean. When something is out of place, train yourself to put it where it belongs. Then extend that discipline of neatness to the rest of your home.
2. **Be on Time.** That may not sound very spiritual, but it is important. If you are supposed to be somewhere at a specific time, be there on time! Develop the ability to discipline your desires, activities, and demands so that you can arrive on time.
3. **Do the hardest job first.** Doing the difficult jobs first will prevent the hardest jobs from being left undone.
4. **Organize your life.** Plan the use of your time; do not just react to circumstances. Use a calendar and make a daily list of things you need to accomplish. If you do not control your time, everything else will!
5. **Accept correction.** Correction helps make you more disciplined because it shows you what you need to avoid. Do not avoid criticism; accept it gladly.
6. **Practice self-denial.** Learn to say no to your feelings. Occasionally deny yourself things that are all right just for the purpose of mastering yourself. Learn to do what you know to be right even if you do not feel like doing it.

Cultivating discipline in the physical realm will help us become disciplined in our spiritual lives.

See you Sunday!

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