

INTRODUCTION.

- A. Scripture text: **Galatians 6:1-5.**
- B. Everyone has a burden of some kind to carry. Sometimes our burdens are very different but no one is immune.
- C. Both rich and poor can suffer the burden of materialism. Both master and slave can have a burden of not being a servant. Some in good physical health can have spiritual problems and vice versa.
- D. Let us classify burdens as follows:
 - 1. Those to be shared by others.
 - 2. Those one must bear alone.
 - 3. Those too heavy for anyone to bear.

I. SOME BURDENS ARE TO BE SHARED BY OTHERS (Gal. 6:2).

- A. Some of our suffering is eased by taking our burdens to others to share the load (6:2).
Bear one another's burdens, and thus fulfill the law of Christ.
- B. Therefore, it only follows to reason that Christians are ones who will accept the problems of others in a spirit of cooperation and help.
- C. Romans 12:9-21 shows us what to do when others are hurting (Rom. 12:13, 15).
contributing to the needs of the saints, practicing hospitality. 15 Rejoice with those who rejoice, and weep with those who weep.
- D. Those who are weak in faith (a different kind of burden than above) are to be helped by those who are stronger (Rom. 14:2,3; Gal. 5:26).
(Rom 14:2-3) One man has faith that he may eat all things, but he who is weak eats vegetables only. Let not him who eats regard with contempt him who does not eat, and let not him who does not eat judge him who eats, for God has accepted him.
(Gal 5:26) Let us not become boastful, challenging one another, envying one another.
- F. We as those who help those with burdens are to keep in mind that by not helping we can sin against the brethren (1Cor. 8:11-13).
For through your knowledge he who is weak is ruined, the brother for whose sake Christ died. And thus, by sinning against the brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food causes my brother to stumble, I will never eat meat again, that I might not cause my brother to stumble.
- G. It is not a "crime" to have a burden, nor share it with someone else.

II. SOME BURDENS ONE MUST BEAR ALONE (Gal. 6:5).

- A. Text: *For each one shall bear his own load.*
- B. Christianity is a religion that people practice individually. We must all be working out our own salvation due to the coming judgment of everyone (Lk. 9:23; 2Cor. 5:10; Rom. 14:12).
(Lk 9:23) And He was saying to them all, "If anyone wishes to come after Me, let him deny himself, and take up his cross daily, and follow Me."
(2Cor. 5:10) For we must all appear before the judgment seat of Christ, that each one may be recompensed for his deeds in the body, according to what he has done, whether good or bad.
(Rom 14:12) So then each one of us shall give account of himself to God.
- C. Jesus said we must all build our own house one something. Either the rock (Himself) or sand (anything else). See Mt. 7:24-27.
- D. Maybe the apostle Paul said it best (Phil. 2:12-16).
So then, my beloved, just as you have always obeyed, not as in my presence only, but now much more in my absence, work out your salvation with fear and trembling; for it is God who is at work in you, both to will and to work for His good pleasure. Do all things without grumbling or disputing; that you may prove yourselves to be blameless and innocent, children of God above reproach in the midst of a crooked and perverse generation, among whom you appear as lights in the world, holding fast the word of life, so that in the day of Christ I may have cause to glory because I did not run in vain nor toil in vain.

III. **SOME BURDENS ARE TOO HEAVY FOR ANYONE TO BEAR (Gal. 6:1).**

- A. These kinds of burdens are the burdens, guilt, and sufferings caused by sin,
- B. Mankind cannot deal with his sin, or others cannot help to take it away. We can encourage (Gal. 6:1), but only X can take it away and cure our guilt brought on by sin.
- C. We have the forgiveness of our sins and the burden of sin lifted in X (Col. 1:13-14; 2:13; Eph. 1:3).
(Col 1:13-14) For He delivered us from the domain of darkness, and transferred us to the kingdom of His beloved Son, in whom we have redemption, the forgiveness of sins.
(Col 2:13) And when you were dead in your transgressions and the uncircumcision of your flesh, He made you alive together with Him, having forgiven us all our transgressions,
(Eph 1:3) Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,
- D. As Xians the power of prayer is available to release us from our sins (Phil. 4:6; Rev. 1:5).
(Phil 4:6) Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.
(Rev 1:5) and from Jesus Christ, the faithful witness, the first-born of the dead, and the ruler of the kings of the earth. To Him who loves us, and released us from our sins by His blood,

CONCLUSION AND INVITATION.

- A. Let us recap, that burdens are something that each of us have.
- B. The good news is that we can have them removed.
- C. Burdens:
 - 1. To be shared with others can be eased.
 - 2. To be shared alone can be worked out.
 - 3. Too heavy to bear are taken care of by X.
- D. The invitation of X is very appropriate (Mt. 11:28-30).
“Come to Me, all who are weary and heavy-laden, and I will give you rest”
- E. Plan of salvation of non-Xians; erring-Xians.