

And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the boy's father cried out and began saying, "I do believe; help my unbelief" (Mk. 9:23-24, NAS).

We have all been there--we believe and yet there are doubts. We claim faith, and live like an infidel! We want to trust, but are afraid to become that vulnerable.

The context of Mk. 9:23-24 is the story of a young boy who is being tormented with a demon. The apostles could not cast this one out, and the boy's father persuades Jesus to act. The father is an honest man--honest enough to remark that he believes in Jesus' power, but still has room to grow in his faith.

While we empathize with this man, let's not overlook the fact that he was asking the right person to help him with his unbelief! He asked Jesus to strengthen his faith. Our Lord is a faith builder!

It is so important to know Jesus. Not just in a superficial way (as so many do) but to really know Him. Know Him as the Son of God. Know Him as your Savior and Redeemer. Know Him as the One who can increase your faith!

If you are going to trust someone, trust Jesus. If you are going to be vulnerable, make it so in the presence of Christ. The next time you have cause to doubt, remember Jesus--He can help your unbelief, and cast out all the "demons" in your life.

I can't wait 'till Sunday!
-gls