"And Jesus kept increasing in wisdom and stature, and in favor with God and men" (Lk. 2:52, NAS).

You probably remember this verse from a youth rally or a High School Bible class when you were younger. But, now as an adult, have you forgotten the admonition? Are you living in such a way that you don't see the need to continue to grow up?

One is never too old to grow up in wisdom. The challenges of life are ever-changing and knowing how to apply the knowledge you have is essential to a fulfilling life.

Growing in stature is even more important now than when you were a teenager! The body changes so much as we grow older that good health habits, exercise, and physiological care are essential to be able to serve the Lord with your entire being. Take care of your temple (1Cor. 3:16)!

Growing in favor with God is not something only done at your baptism. Continue to study and pray, you will always find inexhaustible spiritual treasures (Eph. 3:18-19). A humble and contrite heart brings great dividends. Be growing closer to God each day.

And finally, work on your relationships with others. John said that we cannot love God, whom we haven't seen, if we don't love our brother, whom we have seen (1Jn. 4:20).

According to Lk. 2:52, have you quit growing up?

See you Sunday!

-gls