

During the last week or so I have been hearing how many of you are glad the school is starting again so that you and your family can get "back in a routine." I agree! As much as I have enjoyed this Summer, I like the idea: of getting back into a regimented schedule. I tend to get more things done when I have a pattern to follow.

But that brings up this thought... what is the routine that you follow? Does it include spiritual things? I struggle to use each day wisely as you do. Let me share some things you might want to add to your routine.

1. Prayer. It makes everything go better.
2. Bible Study. Allow God to speak to you each day.
3. Personal reflection. A little quiet time with a cup of tea, to meditate and think deeply.
4. Encouragement. Plan to call or write someone each day to strengthen them. Keep up with those on the prayer list and do what you can for them.
5. Support your spouse. Say something each day to encourage your husband/wife.
6. Corral your kids. Make your children a part of your life each day (homework, games, etc.).
7. Family time. Be sure to do at least one activity together each day. Your family is important!

Good habits are hard to begin and bad habits are hard to stop. Live in such a way that you are getting yourself into a routine that builds you up spiritually.

See you Sunday!

-gls