

## INTRODUCTION.

- A. Scripture text: **Psalm 46:1-11**.
- B. From *The Bumps are What you Climb On* by W. Wiersbe (Ch. 27).
- C. In Psa. 46, we find 3 divine resources to sustain us in the difficulties of life.

## I. FIRST, WE HAVE A REFUGE.

- A. See Psa. 46:1-3.  
God is our refuge and strength, A very present help in trouble. **2** Therefore we will not fear, though the earth should change, And though the mountains slip into the heart of the sea; **3** Though its waters roar *and* foam, Though the mountains quake at its swelling pride. Selah.
- B. The refuge:
  - 1. It is a joyous thing to take refuge in the Lord (Psa. 5:11a).  
But let all who take refuge in Thee be glad, Let them ever sing for joy;...
  - 2. There is no condemnation for those who take refuge in the Lord (Psa. 34:22).  
The LORD redeems the soul of His servants; And none of those who take refuge in Him will be condemned.
  - 3. Woe to those who trust in their riches other than in God (Psa. 52:7).  
"Behold, the man who would not make God his refuge, But trusted in the abundance of his riches, *And* was strong in his *evil* desire."
  - 4. Our refuge is a place of safety while the bad times pass us by (Psa. 57:1).  
Be gracious to me, O God, be gracious to me, For my soul takes refuge in Thee; And in the shadow of Thy wings I will take refuge, Until destruction passes by.
  - 5. Our trust should never be in man, but in the refuge found in the Lord (Psa. 118:8,9).  
It is better to take refuge in the LORD Than to trust in man. **9** It is better to take refuge in the LORD Than to trust in princes.
  - 6. The Lord knows those who take their refuge in Him (Nah. 1:7).  
The LORD is good, A stronghold in the day of trouble, And He knows those who take refuge in Him.
- C. Therefore, we need not fear.

## II. SECOND, WE HAVE A RIVER.

- A. Psa. 46:4-5.  
There is a river whose streams make glad the city of God, The holy dwelling places of the Most High. **5** God is in the midst of her, she will not be moved; God will help her when morning dawns.
- B. The river (not a literal river, but the supply of spiritual power from the Lord for His people):
  - 1. A power to be praised in song (Psa. 21:13).  
Be Thou exalted, O LORD, in Thy strength; We will sing and praise Thy power.
  - 2. A power that vindicates (Psa. 54:1).  
Save me, O God, by Thy name, And vindicate me by Thy power.
  - 3. It is confirmed, real, life changing power belongs to God (Psa. 62:11).  
Once God has spoken; Twice I have heard this: That power belongs to God;
  - 4. God saves with His power to make His goodness and majesty known (Psa. 106:8).  
Nevertheless He saved them for the sake of His name, That He might make His power known.
  - 5. God's power is that which needs to be told (Psa. 145:6).  
And men shall speak of the power of Thine awesome acts; And I will tell of Thy greatness.
  - 6. Those who witness this power will talk of it (Psa. 145:11).  
They shall speak of the glory of Thy kingdom, And talk of Thy power;
- C. Therefore, we need not faint.

### III. THIRD, WE HAVE A REVELATION.

#### A. See Psa. 46:6-11.

The nations made an uproar, the kingdoms tottered; He raised His voice, the earth melted. **7** The LORD of hosts is with us; The God of Jacob is our stronghold. Selah. **8** Come, behold the works of the LORD, Who has wrought desolations in the earth. **9** He makes wars to cease to the end of the earth; He breaks the bow and cuts the spear in two; He burns the chariots with fire. **10** "Cease *striving* and know that I am God; I will be exalted among the nations, I will be exalted in the earth." **11** The LORD of hosts is with us; The God of Jacob is our stronghold. Selah.

#### B. The revelation:

##### 1. Revelation gives light for life (Lk. 2:32).

"A LIGHT OF REVELATION TO THE GENTILES, And the glory of Thy people Israel."

##### 2. Revelation uncovers those things hidden that are for our benefit (Rom. 16:25).

Now to Him who is able to establish you according to my gospel and the preaching of Jesus Christ, according to the revelation of the mystery which has been kept secret for long ages past,

##### 3. We must try to keep our minds in the attitude of receiving revelation (Eph. 1:17).

...that the God of our Lord Jesus Christ, the Father of glory, may give to you a spirit of wisdom and of revelation in the knowledge of Him.

##### 4. Paul spoke of how God had revealed to him the mystery of the gospel (Eph. 3:3).

...that by revelation there was made known to me the mystery, as I wrote before in brief.

#### C. Therefore, we need not fret.

### CONCLUSION AND INVITATION.

#### A. The great conclusion of the matter is (Psa. 46:10): "Be still (*cease striving*) and know that I am God."

#### B. Three divine resources to help with the bumps and bruises of life; a refuge, a river, and a revelation.

#### C. Have you given your life to X? So you can take hold of these resources?

#### D. Plan of salvation for non-Xians, erring Xians.