

1. Your thumb is nearest to you.  
Begin by praying for those closest to you. They are the easiest to remember. And all too often, they are easiest to forget. To pray for our loved ones is, as C.S. Lewis once said, a “sweet duty.”
2. The next finger is the pointing finger.  
Pray for those who teach, instruct, and heal. This includes teachers, physicians, and ministers. Compassion, insight and wisdom bless them as they help others move into acceptance of positive, renewing life experiences. Keep them in your prayers.
3. The next finger is the tallest finger.  
It reminds us of our world leaders. Pray for those who shape the future of our nation and our world. Let oneness and compassion guide each of their decisions. Give thanks for the respect and caring that bless each step they take.
4. The fourth finger is our ring finger.  
This is our weakest finger, as any piano teacher will testify. It reminds us to pray for those who are weak, in trouble or in pain. They benefit from our prayers at any time.
5. And lastly comes our little finger -- the smallest finger of all.  
This is where we place ourselves in relationship to God and others. This little finger reminds us to pray for ourselves. Praying for the other four groups puts our own needs into proper perspective. Thus are we able to pray for our personal needs more effectively.

--author unknown

See you Sunday!

-gls